FLEXIBLE SPENDING ACCOUNT – HEALTH CARE FSA

The health care FSA pays medical, dental, vision and prescription drug expenses with pre-tax income. Significant tax savings are available to help pay for out-of-pocket health care expenses when:

- The product or service is primarily for health care to diagnose, alleviate or treat injuries, illness or sickness
- You receive the service or purchase the product for use during your Coverage Period
- The cost will not be waived, paid by another source or claimed as a medical tax deduction on your income tax return
- The service/product is not received or purchased for cosmetic or general well-being

Eligible Health Care Expenses

- Acne treatments*
- Acupuncture
- Alcoholism/Drug treatment
- Allergy treatments
- Alternative providers (must be legal & qualify as medical care)
- Ambulance
- Artificial limbs
- Band aids/bandages/tape
- Birth control spermicides*
- Braille books/magazines (cost exceeding regular editions)
- Breast pump & lactation supplies
- CPAP kit & supplies
- Car modifications for handicapped
- Chiropractic care
- Coinsurance
- Condoms (non-spermicidal)
- Contact lenses & supplies
- Copays & deductibles
- Dental care/bridges/crowns/implants
- Dentures & denture care products
- Dermatologist fees
- Diagnostic/screening test products
- Doctor’s fees
- Emergency equipment
- Eye exams
- Eyeglasses/sunglasses (prescription)
- Experimental treatments (must be legal & qualify as medical care)
- Fertility/infertility treatment
- First aid kits
- Foot care (corn/callus/bunion removal)
- Guide & service dogs
- Handling & Shipping
- Head lice supplies (combs)
- Head lice treatments (shampoos, etc.)*
- Hearing aid/batteries/exams/treatment
- Home health care products (grab bars/commode/bath bench, etc.)
- Hospital services
- Hot/cold therapy products
- Incontinence products for adult/juvenile
- Insulin & diabetic supplies
- Joint care products (liquid & tabs)
- Lab fees
- Lamaze (for mother only)
- Language training for a child with dyslexia or disability**
- Learning disability tuition**
- Mammograms
- Massage therapy for medical condition**
- Medical alert ID bracelet/necklace
- Medical conference admission & transportation from/to
- Medical records
- Midwife/Doula
- Mileage to/from medical services (primary purpose must be medical)
- Monitoring devices (blood pressure, stethoscope, etc.)
- Motion sickness bands
- Nursing services
- Occlusal guards to prevent teeth grinding
- Optometrist fee
- Organ transplant
- Orthodontia expenses for on-going services (treatment plan required)
- Orthopedic braces/supports/ AIDS
- Orthopedic custom/prescription made shoes (cost difference)
- Orthotics
- Ostomy pouches & products
- Over-the-counter medicine/drug*
- Oxygen
- Periodontal fees
- Physical examinations
- Pill counter/ dispense/ cutter
- Pregnancy aids (support hosiery/support belts
- Prenatal vitamins
- Prescription drugs – FDA approved
- Psychiatric/Psychoanalysis
- Reading glasses (OTC)
- Rental of medical equipment
- Respiratory therapy (mask/nebulizer)
- Sales tax for eligible expense
- Saline products for sinus/nasal
- Scooter (disability aid)
- Special schools/education for relieving a disability**
- Sleep deprivation testing & treatment
- Smoking cessation programs
- Smoking cessation patch, gum, etc.*
- Surgery
- Telephone for hearing- impaired
- Therapy for health/mental disorders
- Thermometer
- Vaccinations/flu shots
- Vasectomy
- Vision surgeries
- Walking aids (cane/walker/crutches)
- Wheelchairs/ramps
- Wigs for hair loss due to medical condition**
- X-rays

*Requires a valid prescription (electronic or written order for a medicine or drug that meets the legal requirements of a prescription in the state in which the medical expense is incurred and that is issued by an individual authorized to issue a prescription in that state). A medicine or drug can be ingested, intravenous, in suppository form, or through absorption into the skin (topical).

**Expenses may be eligible if accompanied by a doctor’s written statement indicating the medical disorder and that this is the treatment needed to cure, mitigate, treat or prevent a specific medical condition. A doctor’s recommendation does not automatically make the expense eligible. In some cases, additional documentation may also be required to validate the expense for reimbursement.

Important note: These lists are not all-inclusive. Call a TASC Customer Care at 800-236-3539 about specific expenses.