

The way you flex just got a lot more flexible!



You've already made a smart choice by electing a flexible spending account. It's easier than ever to access your account on the go.

BMO Mobile App

Now you have access to your Flexible Spending Account through our free mobile app that lets you:

- File claims and upload a picture of your documentation
- Check your balance and reimbursement activity

Download the app for your smart phone today at bmoflex.com, and find out how easy it is to manage your FSA from anywhere!

BMO Flex Website

Submit claims quickly and easily by completing the online claim entry option and simply uploading the supporting documents. View your balance and manage your eligible dependents. Request additional BMO Qualified expense card and manage your transactions.

Consider direct deposit, it's free and easy

Submit your reimbursements to be sent directly to your checking or savings account. Simply log on to bmoflex.com and enter your information on the secure site or download a Direct Deposit request form and return it to Benefit Services by fax, email or U.S. mail.

Questions?

We can help.

Benefit Services
PO Box 2517
Appleton, WI 54912-2517

Toll Free:
800-236-3539

Fax:
888-244-2759

Email:
bmoflex@bmo.com

Website: bmoflex.com

Customer service hours:
Weekdays
7:30 a.m. – 5:30 p.m. CT.

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