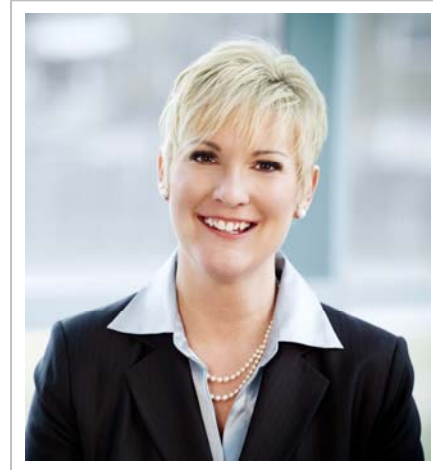


## About Dr. Amy

Dr. Amy D'Aprix is an internationally renowned expert on lifestyle issues related to aging. In Canada, she works with a number of organizations and consults to BMO® Financial Group as a Life Transition Expert. In her work with BMO, she helps clients and advisors focus on the issues that can have a profound personal and financial impact on retirement such as personal relationships, caregiving, health, etc.

“Dr. Amy”, as she is affectionately known, uses her gerontological social work background to give practical advice and get people thinking about retirement in a different way. Dr. Amy facilitates BMO’s ***Take Charge of Your Retirement®*** and ***Women and Money*** workshops across Canada.



Amy S. D'Aprix, MSW, PhD, CSA

Dr. Amy has an extensive background working with seniors and their caregiving families as well as teaching others about the needs of seniors and their families. Dr. Amy holds a PhD and the designation of Certified Senior Advisor (CSA).

She has recently authored a book: *From Surviving to Thriving: Transforming Your Caregiving Journey*, and co-recorded a CD with an accompanying workbook: *Building the Bonds of Friendship in Midlife and Beyond*.

In addition to her academic and professional background, for a decade she was a caregiver for her elderly parents. Dr. Amy is on the International Faculty for the Society of Certified Senior Advisors and the Canadian Academy of Senior Advisors. With these organizations she teaches throughout North America.